

Jan / 2023 Center

Monday	Tuesday	Wednesday	Thursday	Friday
<p>We will visit the other side of the world and explore some tastes from Asia</p>	<p>Breakfast WG Bagel Bananas Milk</p> <p>Lunch WG Bread Turkey Cheese Lettuce Tomatoes Apples Milk</p> <p>PM Snack Carrots Hummus</p>	<p>Breakfast WG Bread Oranges Milk</p> <p>Lunch Mini Pizzas Fresh Greens Rainbow Tomatoes Pineapple Milk</p> <p>PM Snack Grapes WG Graham Crackers</p>	<p>Breakfast Yogurt Berries Milk</p> <p>Lunch Korean Beef or Tofu WG Rice Peppers M Oranges Milk</p> <p>PM Snack Celery Sun butter</p>	<p>Breakfast WG Life Cereal Bananas Milk</p> <p>Lunch Tomato Soup WG Fish Crackers Falafel Nuggets Carrots Apples Milk</p> <p>PM Snack Tortilla Chips Cheese Stick Salsa</p>
<p>Breakfast WG Cheerios Oranges Milk</p> <p>Lunch Pasta Kale Pesto Cottage Cheese Peas Peaches Milk</p> <p>PM Snack Apples Crackers</p>	<p>Breakfast WG Rice Cake Bananas Milk</p> <p>Lunch WG Bread S. B. & J. Carrots Apples Milk RB & DT Cooked carrots</p> <p>PM Snack Cucumber Hummus</p>	<p>Breakfast WG Bread Oranges Milk</p> <p>Lunch WG Quinoa, Rice & Beans Green Beans Pineapple Boiled Eggs Milk</p> <p>PM Snack Pretzles Sun butter</p>	<p>Breakfast Yogurt Berries Milk</p> <p>Lunch Orange Galazed Chicken WG Rice Stir Fry Veggies M Oranges Milk</p> <p>PM Snack Apples Cheese</p>	<p>Breakfast WG Life Cereal Bananas Milk</p> <p>Lunch Butternut Squash Soup Teriyaki Tofu Corn Bread Apples Milk</p> <p>PM Snack Tortilla Chips Cheese Stick Salsa</p>

This institution is an equal opportunity provider.

We try to stay as close to this menu as possible, but on occasion, make substitutions based on product availability and freshness. Age appropriate milk is served daily with breakfast and lunch. Whole milk 1-2 years of age and Skim or 1% for children over 2.

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<p>16</p> <p>CLOSED FOR INSERVICE</p>	<p>17</p> <p>CLOSED FOR INSERVICE</p>	<p>18</p> <p>Breakfast WG Bread Oranges Milk</p> <p>Lunch Mini Pizzas Fresh Greens Pineapple Milk Apples</p> <p>PM Snack Grapes WG Graham Crackers</p>	<p>19</p> <p>Breakfast Yogurt Berries Milk</p> <p>Lunch Beebim Bop Beef or tofu WG Rice Veggies Oranges Milk</p> <p>PM Snack Celery Sun butter</p>	<p>20</p> <p>Breakfast WG Life Cereal Bananas Milk</p> <p>Lunch Tomato Soup Ham Carrots Apples Milk</p> <p>PM Snack Tortilla Chips Cheese Stick Salsa</p>
<p>23</p> <p>Breakfast WG Cheerios Oranges Milk</p> <p>Lunch Pasta Marinara Cottage Cheese Green Beans Peaches Milk</p> <p>PM Snack Apples Sunbutter</p>	<p>24</p> <p>Breakfast WG Rice Cake Banana Milk</p> <p>Lunch Crmy Chicken Soup WG Crackers Corn Apples Milk</p> <p>PM Snack Cucumber Hummus</p>	<p>25</p> <p>Breakfast WG Bread Oranges Milk</p> <p>Lunch WG Bread S. B. & J. Carrots Apples Milk</p> <p>PM Snack Pretzles Sun butter</p>	<p>26</p> <p>Breakfast Yogurt Berries Milk</p> <p>Lunch Maple, Apple French Toast BN Squash Peaches Milk</p> <p>PM Snack Apples Cheese</p>	<p>27</p> <p>Breakfast WG Life Cereal Bananas Milk</p> <p>Lunch Pancakes Sausage Blueberries Green Beans Milk</p> <p>PM Snack Tortilla Chips Cheese Stick Salsa</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>30</p> <p>Breakfast WG Cheerios Oranges Milk</p> <p>Lunch Tortellini Pasta Red Sauce Cottage Cheese Peas Peaches Milk</p> <p>PM Snack Apples Cheese Sticks</p>	<p>21</p> <p>Breakfast WG Bagel Bananas Milk</p> <p>Lunch WG Bread Turkey Cheese Lettuce Tomatoes Apples Milk</p> <p>PM Snack</p>			

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