

Nov. 2024 Center

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Breakfast Honey Oats Bananas Milk Lunch Chicken Salad Wraps Carrots Apples Milk PM Snack Rainbow Peppers WG Triscuits
4 Breakfast WG Chex Oranges Milk Lunch Kale Pesto Tortellini Chicken Sausage Peas Peaches Milk PM Snack Apples WG Wheat Thins	5 Breakfast WG Bagel Sun butter Banana & Blueberries Milk Lunch WG Bread Turkey & Cheese Or SBJ Lettuce Tomatoes Apples Milk PM Snack Cukes Hummus	6 Breakfast WG Scones Oranges Milk Lunch Chicken & Dumplings Glazed Carrots Cranberries Applesauce Milk PM Snack Grapes Cheese	7 Breakfast Yogurt Berries Milk Lunch Tomato Soup WG Cheese Quesadilla Green Beans M. Oranges Milk PM Snack Sun butter WG Graham Crackers	8 Breakfast WG Life Cereal Bananas Milk Lunch Goulash Beef Roast Broccoli Mango Milk PM Snack WG Gold Fish Peppers

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