

## Session 1: 9:15am – 10:45am

### **Advocacy for Afterschool**

**Track:** Leadership

*Virginia Burley, Community Connections*

How can afterschool leaders advocate for the field? There are things we can do, locally, statewide, and nationally to bring attention to the important work of afterschool. Continuous promotion is a key to sustainability; learn to create a local PR plan, from school newsletters to local media; use evaluation and data to make your advocacy powerful; brainstorm when and where you should have a local presence; learn about statewide and local advocacy opportunities; determine the right message for different levels of advocacy; get a primer on advocacy vs. lobbying - the do's and don'ts.

### **Coaching Conversations: How and Why to Learn How to Have Them**

**Track:** Leadership

*Pam Chomsky-Higgins, Vermont Reads Institute at UVM*

In our work with colleagues, it becomes essential to know how to share information, give constructive feedback and, deal sensitively with difficult situations. The way in which we engage in conversations with our colleagues will determine the outcome of the interaction. Resources on this topic will be shared.

### **Fleming Museum Kits: Exploring Culture Through The Arts**

**Track:** Innovative Learning

*Christina Fearon, Fleming Museum*

This active introduction to the Fleming Museum's Inca kit focuses on the role of weaving in the Andes - how children learn, the language of patterns, and how textiles reflect the environment in which people live. Participants explore art and other activities in the kit.

### **Grant Writing 101**

**Track:** Leadership

*Karen Scott and Linda Shiller, Vermont Student Assistance Corporation*

Writing for grant funding is an excellent, although challenging way to secure resources for exciting new programs and activities. While each grant proposal is structured differently, there are enough commonalities to provide a framework for preparing for the opportunity when, and hopefully before it arises. Clarifying your strategy, identifying resources and articulating the most important points are key to a successful application. In this workshop, we will discuss our strategy for grant writing and provide attendees with an outline to start them on their own path.

### **King Street Lemonade - A Successful Entrepreneurial Program for Middle and High School Youth**

**Track:** Innovative Learning

*Gabriella Tufo Strouse, King Street Center*

A 30-40 minute interactive workshop on King Street Center's Kid Lemonade entrepreneur program. Kids Lemonade started in 1998. Kids Lemonade's Entrepreneurial Training gives youth the opportunity and structure to learn about the world of work, employment skills and job training. For eight weeks during the summer the youth manage and operate Kids Lemonade on the Church Street Marketplace. For the majority of these kids, this is their first job and their first exposure to vocational training and experiences that will be of value to them throughout the course of their working lives.

## **Leadership and Mentoring-Essential Elements for Youth Development and Program Success**

**Track:** Youth Leadership

*Marty Toomey and Brenda Casey, North Brookfield Youth Center*

**PLEASE NOTE: THIS WORKSHOP IS FOR HIGH SCHOOL STUDENTS ONLY!**

This workshop will assist in developing and implementing a leadership program. We will demonstrate how involvement in a leadership program increases a teen's self-esteem, confidence, and desire to do better academically and socially. Participants will talk to teens and hear first hand how this involvement has influences their lives.

## **Let's Go Fishing: Part 1**

**Track:** Leadership

*Trish Pelkey and Jan McCoy, Let's Go Fishing*

Men and women of all ages are invited to attend an instructor workshop to learn how to organize fishing "clinics," classes, and workshops in their communities.

## **Multicultural Literature for Children and Youth: Connecting to Curriculum and Community**

**Track:** Innovative Learning

*Jane E. Mekkelsen, Literacy & Learning Connections LLC*

Multicultural literature can provide a mirror in which we see our own life experiences, or a window, through which we experience the lives of others. Each is important. In this workshop, I'll share great books and resources for engaging children and young people in the joy of reading and curricular connections.

## **Strengthening Relationships with Families**

**Track:** Leadership

*Anne Gleason, Mary Johnson Children's Center and Julie Peterson, Greater Burlington YMCA*

Human relationships in afterschool programs are the building blocks of success, vital to achieving quality. This workshop will consider the role of positive communication with families, and recognizing and responding to parents' needs in intentional ways. Communication strategies, formal and informal ways of incorporating effective service, and an idea exchange will be explored.

## **Stuntology**

**Track:** Innovative Learning

*Peter Burns*

Simple magic tricks, physical stunts, jokes, brain teasers, tongue twisters, games and more to entertain and educate the after school crowd.

## **The Real Game Online**

**Track:** Innovative Learning

*Jerry Cassels, Vermont Student Assistance Corporation*

The Real Game Online is an interactive program that allows atudents to learn about life and their future. The game allows students to build a community that helps them support them in learning about career development and life after high school. The program will be presented in context of an after school activity.

## **Your Oxygen Mask First: Staying Effective and Avoiding Burnout**

**Track:** Leadership

*Mike Mrowicki, Putney Family Services*

Many caregivers do great at taking care of everyone-except themselves. This workshop will offer a look at preventing burnout, assessing where we are, what we can do to prevent this and what we can do to support each other. Be prepared to move, share and laugh.

## Session 2: 10:45am – 12:00pm

### **African Dance & Culture**

**Track:** Youth Leadership

*Amy Mills, BHS African Dance Group*

This workshop will focus on teaching participants about the culture of African dance through discussions about music and clothing, as well teaching participants some dancing.

### **An Inside Look at Two Successful Community-Based Mentoring Programs for Youth**

**Track:** Innovative Learning

*Gabriella Tufo Strouse, King Street Center and Casey Sexton, Sarah Holbrook Community Center*

30-40 minute interactive workshop on King Street Center and Sarah Holbrook's mentoring programs. Looking at the importance of mentoring; why mentoring works; why are two agencies run successful mentoring programs and how the community can work together to instill a culture of mentoring so that every child who wants to mentor can get a mentor.

### **Conflict Resolution Skills: Change the Way Your Afterschool Handles Conflict**

**Track:** Leadership

*Jeff Mandell, Vermont Institute on Health and Wellness/Mediators Beyond Borders and Marsha Cassel*

Do the same arguments happen over and over again in your afterschool program? Learn skills to transform afterschool conflict into safe, productive experiences that benefit the whole community. Develop and practice tools for engaging conflict with kids, staff and parents.

### **Evaluation 101: Developing an Evaluation Plan for Your Afterschool Program**

**Track:** Leadership

*Holly Morehouse, Vermont Department of Education*

A strong evaluation plan can be a powerful tool for informing program decisions and for communicating program outcomes with parents, staff, funders and partners. This workshop will cover the basics of designing and implementing an evaluation plan for your afterschool program. Workshop participants can expect to leave the session with a design for implementing an evaluation plan in their program and with examples of surveys and other data collection tools being used by afterschool programs throughout the state.

### **Incorporating Hands-On Science into After-School Programming**

**Track:** Innovative Learning

*Amanda Gurgul, ECHO Lake Aquarium and Science Center*

Why do turtles have a hard shell? Can a frog breathe underwater? Inquiry science is the key to ECHO Lake Aquarium and Science Center's education programs. Hear about ECHO's mission, programs and exhibits, followed by an introduction to outreach experiences and field trips for after-school groups. Participants will learn and practice inquiry science methods trying hands-on science activities replicable in an after school setting for elementary age students.

## **Let's Go Fishing: Part 2**

*Trish Pelkey, Let's Go Fishing*

**Track:** Leadership

Men and women of all ages are invited to attend an instructor workshop to learn how to organize fishing "clinics," classes, and workshops in their communities.

## **Leveraging Local Funds for Program Sustainability**

*Lynne Feal-Staub, Individualized System for Supporting Afterschool Programs (ISS-AP)*

**Track:** Leadership

Participants will gain an understanding of how to communicate with school boards, selectboards, community organizations, and individual community members to build support for afterschool programs. The ability to craft your message based upon the audience will be stressed and specific approaches highlighted.

## **Making Health Careers Real with Middle Schoolers**

*Karin Hammer-Williamson, BASW, Champlain Valley AHEC*

**Track:** Innovative Learning

Experience portions of the presentations, activities and tools that Champlain Valley AHEC adapted in partnership of Next Generation/VDOL funds to better meet the health career exploration needs of middle school youth. Learn about our challenges, successes and what middle schoolers taught us along the way. "There's a Health Career For Me!" shows what difference a health care professional can make by comparing life today with 100 years ago, and introduces toolkit exploration and "What Middle Schoolers Can Do Now" (strategies to keep exploring and keep aspirations high). "Frontiers in Aging" raises awareness about myths and realities of aging, the difference health careers make, and gives students first-hand experience with the most common chronic health conditions among elders. Promotional items reinforce key positive messages.

## **Meeting the Global Challenge: Saving the World on Your Way to College**

*David Gibson, The Global Challenge Award*

**Track:** Innovative Learning

Can teenagers save the world? We think so! Come learn how The Global Challenge can fit into your life and the life of your family. After-school programs who wish to add a strong science, technology, engineering and mathematics enhancement will learn how easy it is to get started.

## **PeaceJam Ambassadors: Engaging Youth as Future Leaders Inspired by Nobel Peace Laureates**

*Barry Felson, NextGen Leaders Inc.*

**Track:** Youth Leadership

PeaceJam Ambassadors engages high school youth in an exploration of violence, oppression, social justice, and peacebuilding. Each year, youth learn about the life and work of a Nobel Peace Laureate, and have the opportunity to spend a weekend with that Laureate at our Youth Conference. Each group also design and implement a service project related to the PeaceJam Global Call to action, becoming creative leaders addressing the world's toughest challenges.

## **Quest of the Lost Scrolls**

*Amelia Struthers, Putney Family Services*

**Track:** Innovative Learning

Here, participants embark upon a mysterious quest, are guided to perform specific tasks along the way, and are lead to discover missing treasure. The workshop demonstrates a new curriculum designed for multi-aged after school programs, drawing upon the theories of Place Based Learning and Howard Gardner's Multiple Intelligences.

## **Shout it Out - the movie that give youth Voice**

**Track:** Youth Leadership

*Bess O'Brien, Kingdom County Productions*

Film Producer and Director Bess O'Brien will show clips from her award-winning film "Shout it Out" based on the lives of Vermont teens - she will talk about how the film is being used in middle and high schools across Vermont. O'Brien will review the study guide that accompanies the film into schools and discuss how to empower and start conversation with youth in your schools around tough and important issues.

### **Session 3: 1:45pm – 3:00pm**

## **Add More Flavor to Your Afterschool Program and Get Paid to Do It**

**Track:** Leadership

*Karen Dolan and Sarah Kunz, Vermont Campaign to End Childhood Hunger*

A variety of federal nutrition programs exist to provide nutritious food to children in afterschool programs. Federal nutrition programs are an important resource for ensuring that all children are well fed throughout the day and are ready to learn and perform to their fullest. Learn more about the programs that are available and how sites are reimbursed for the meals that they provide.

## **Afterschool Book Clubs: Getting Kids Reading and Talking About Books**

**Track:** Innovative Learning

*Barbara Russ, Winooski School District*

Learn how to design and implement a variety of book clubs for students in grades 3-8. The presenter will cover concepts and details of elementary and middle school book clubs - including book clubs with athletic teams. Examples of books and materials used in the book clubs will be shared.

## **Documenting Vermont: Place-Based Learning in Afterschool**

**Track:** Innovative Learning

*Bill Merrylees, Community Connections*

Place-based learning uses projects to help youth learn about their communities. With support from the Henderson Foundation, Community Connections piloted four projects this spring, including a barn census; oral history audio interviews and photographic essays; local history and then-and-now photos of local landscapes; and a video documentary of the history and environment of the Winooski, in partnership with Friends of the Winooski and culminating in an overnight kayak excursion. Get a basic overview of project-based, place-based education and share the techniques and products from the four pilots.

## **Finding Money and Friends in Your Program**

**Track:** Leadership

*David Gibson, The Global Challenge Award*

Need money for your program? Come to this session to learn how to create new partnerships that expand your ability to find sources of funds. Come also to share what you know, and work collaboratively to gain new ideas for strategies and tactics for program development and sustainability.

## **Gardening with Kids**

**Track:** Innovative Learning

*Susan Robbins and Charlie Nardozi, Gardening with Kids*

Various hands-on gardening activities that can be done in doors in the classroom.

## **Incorporating Experiential Education Into Programming**

**Track:** Innovative Learning

*Rick Bernasconi, Vermont Student Assistance Corporation*

Fun, interactive workshop using experiential games as learning tools. How to create, run and have fun with hands on learning. Participants will learn how to using experiential education to enhance their programming.

## **KIDS @fterschool: The Full-Year, Multidisciplinary Curriculum Designed Especially for Afterschools**

**Track:** Innovative Learning

*Cora Carey and Tim Porter, Boston Children's Museum*

KIDS @fterschool is a free, multidisciplinary, online afterschool curriculum that offers fun and engaging hands-on activities in science, engineering, culture, art, health and literacy. Workshop participants will learn about the unique philosophy behind this unique new resource while exploring a sample activity.

## **PeaceJam for K-8: Character, Identity and Leadership Development, and Conflict Resolution**

**Track:** Innovative Learning

*Barry Felson, NextGen Leaders Inc.*

PeaceJam programs introduce young people to the lives and achievements of Nobel Peace Laureates. PeaceJam Juniors (elementary) focuses on the Laureates' childhood stories, and develops character traits and conflict resolution skills embodied by the Laureates. PeaceJam Leaders (middle) focuses on the Laureates' adolescent years, and helps adolescents explore key life questions like: Who am I? Where do I belong? How will I contribute? Each group also engages in a service project related to the PeaceJam Global Call to Action.

## **Quest Wellness Program**

**Track:** Innovative Learning

*Joseph La Rosa, Rutland Southwest Supervisory Union*

The Quest Wellness program is a collaborative between RSWSU, the Bowse Trust, Green Mountain College, Castleton State College and several other community organizations. The major objectives of the program are to reduce obesity and introduce innovative health curriculum. This program served all students in our four elementary schools and the 7-12 program at Poultney High School. In addition to students, many of our programs were open to staff and community.

## **Student Leadership**

**Track:** Youth Leadership

*Bess O'Brien, Kingdom County Productions*

**PLEASE NOTE: THIS WORKSHOP IS FOR HIGH SCHOOL STUDENTS ONLY!**

Led by Bess O'Brien this workshop session is for high school student participants only. During this time we'll be recapping the day, discussing what resonated with you today, and making a plan together for action pieces that you want to take back to your own school.

## **Supporting the Field: Mentoring for Quality**

**Track:** Leadership

*Tricia Pawlik and Julie Peterson, Greater Burlington YMCA*

This workshop is for seasoned professionals looking to further their own development while inspiring others to improve the quality of their programs. Participants will discuss the role of a mentor, what a quality program looks like, observation skills, giving feedback, and also explore the opportunity to become a Vermont Afterschool Mentor for Quality.

## **Understanding Personal Style to Enhance Positive Communication**

**Track:** Leadership

*Emanuel Betz, Vermont Department of Education*

The interactive session will focus on introducing four personality styles using the "Gregoric Style Delineator". Participants will leave with a new framework to approach adult personality, communication, and leadership.